



Family and Medical Leave **Qualifying Exigency Activities**

Family and Medical Leave is available for the following activities related to a spouse, child, or parent's deployment to a foreign country as 1) a member of the regular Armed Forces, or 2) a federal call to active National Guard or Reservist duty in support of a contingency operation (typically during a war or declared national emergency):

1. **Short-notice deployment activities** to address any issue that arises from the fact that the service member is notified of an impending call or order to covered active duty seven or less calendar days prior to the date of deployment (leave may be taken for a period of seven calendar days, beginning on the date the service member receives the notice);
2. **Military events** and activities related to the active duty (e.g., official ceremonies, family support programs, or informational briefings);
3. **Childcare and school activities** for the service member's child (includes attending parent conferences, enrolling or transferring into a new school or daycare, and emergency childcare; not routine or regular childcare);
4. Making or updating **financial or legal arrangements** (e.g., preparing and executing powers of attorney, transferring bank signature authority, etc.);
5. Attending **counseling** from someone other than a healthcare provider when the need arises because of the deployment;
6. To spend up to 15 calendar days with a service member who is on **short-term, temporary, rest and recuperation leave**;
7. To attend **post-deployment activities** (e.g., arrival ceremonies, reintegration activities, or activities necessary because of the death of the service member);
8. **Care of the service member's parent who is incapable of self-care** (includes making alternative arrangements for the parent's care, admitting or transferring the parent to a new care facility, attending meetings with staff of the care facility, and providing urgent, immediate care for the parent; not routine, regular, or everyday care); and,
9. **Other events** authorized at the discretion of the agency.